



Also contains benzyl alcohol 1% w/w as a preservative

TOPICAL
ANALGESIC
CREAM

DESCRIPTION

Zostrix cream contains capsaicin 0.025% w/w and is supplied in tubes of 45g.

INDICATIONS

May be useful as an adjunct in the temporary relief of pain associated with arthritis. May be useful for the treatment of post-herpetic neuralgia (pain following shingles).

WARNINGS

For external use only:
Avoid contact with eyes and broken or irritated skin.

If condition worsens, or if symptoms persist for more than 28 days in the case of arthritis (14 days with post-herpetic neuralgia) or clear up and occur again within a few days, discontinue use of this product and consult your doctor. Keep out of the reach of children.

DIRECTIONS

Adults and children 2 years of age and older:

Apply Zostrix to affected area 3 to 4 times daily. Zostrix may cause temporary burning when applied. This burning is observed more frequently if Zostrix is used less than 3 times a day. Unless treating hands, wash hands thoroughly with soap and water after application. If Zostrix is found to irritate fingers, a disposable glove or finger cot may be used for Zostrix application.

After rubbing in Zostrix as completely as possible, any excess cream may be gently removed with a disposable tissue.



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DIRECTIONS FOR USE

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FOR EXTERNAL USE ONLY.



**WARNING – DO NOT USE ON
BROKEN OR IRRITATED SKIN**

1. Apply the required amount of Zostrix needed to cover the skin surrounding the affected joint (or area if using for post-herpetic neuralgia).
2. Massage Zostrix cream into the skin on the front, back and sides of the affected joint until no residue remains.
3. Must be applied 3 to 4 times daily to produce pain relief. A burning sensation may occur which usually disappears after several days of continued use.
4. If possible, avoid washing treated area for at least 30 minutes after application. Unless treating hands, wash hands thoroughly with soap and water after application to **AVOID SPREADING CREAM TO EYES OR MOUTH.**

ZOSTRIX IS:

A topical medication that is believed to act on a substance in your body which is involved in transmission of pain impulses from nerve endings near the skin and joints to the brain. It is believed that regular application of Zostrix to the affected site will in time reduce the amount of this substance in nearby nerve endings. With less of this substance present, pain may be less intense and in some cases there may be a cessation of pain.

**ZOSTRIX WORKS
GRADUALLY:**

Because of the way Zostrix works, relief may not occur immediately and improvement may be gradual. The time required varies from person to person, although most have noticeable relief after 2 weeks of treatment. In some cases it is necessary to use Zostrix for 4 to 6 weeks before

pain is relieved. Use strictly as directed.

**ZOSTRIX SHOULD BE
USED CONTINUOUSLY:**

You should use Zostrix 3 to 4 times a day for 6 weeks to achieve full benefit. Once pain relief occurs, you should continue to use Zostrix as long as needed. When Zostrix is discontinued, pain may recur in a few days or weeks. If pain recurs, Zostrix treatment should be restarted.

STORE BELOW 25°C

Sponsor:

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'Zostrix' is a registered trademark

